

Carers Bucks is an independent charity supporting unpaid family carers of all ages and from all communities in Buckinghamshire. We work with a range of agencies and organisations to provide the best possible service to carers.

Contact Us

Our offices are open from 9am – 5pm Monday – Thursdays;
9am – 4.30pm Fridays

Aylesbury Office

Ardenham Court
Oxford Road
Aylesbury
HP19 8HT

Tel: 0300 777 2722

Email: mail@carersbucks.org

Website: www.carersbucks.org



*All information correct at the time of publication December 2012.
Carers Bucks is a company limited by guarantee: company number
4941481; registered charity number 1106745.*

Dedicated supporting family carers

CarersBucks

Support for Carers of People with Young Onset Dementia

Dementia is 'young onset' when it affects people before the age of 65.

If your family member or friend has been diagnosed with, or is suspected of having, Young Onset Dementia you will probably be feeling different types of emotions. It is important that you get the right information to support you in your caring role as well as support for yourself so that you are better able to care for your relative or friend.

Carers Bucks

Carers Bucks is a Buckinghamshire-wide charity dedicated to supporting carers. We are able to support carers of people with Young Onset Dementia a number of ways:

- a regular support group (*details overleaf*)
- advice and information on topics such as lasting power of attorney and wills
- emotional support when you are having a bad day
- benefits advice and help with paperwork
- support to find the right care services
- help to get a break.

Contact details

Tel: 0300 777 2722

Email: mail@carersbucks.org

Website: www.carersbucks.org

Dedicated to supporting family carers

Young Onset Dementia Carers' Support Group

Because dementia in younger people is comparatively rare, it can be difficult to find other people who understand the situation.

Carers Bucks runs a regular support group for carers of people with Young Onset Dementia. This group has been running for a number of years and is made up of carers and former carers who have a wealth of knowledge and experience, who can help you with practical issues and give you emotional support. New carers are always welcome.

The group meets at Jackson Court, (off Rose Avenue) in Hazlemere HP15 7TZ on the second Tuesday of the month 10.30am–12pm. See *carer's testimony right*.

Contact Ann Whiteley for details on 0300 777 2722; email ann.whiteley@carersbucks.org

The Alzheimer's Society

The Alzheimer's Society website at www.alzheimers.org.uk/ypwd has a dedicated section on young onset dementia which highlights the issues and where to go for support and information. It also hosts an online discussion group called Talking Point, which has a group for younger people with dementia - to join the discussion go to <http://forum.alzheimers.org.uk>

Buckinghamshire branches of the Alzheimer's Society can provide family and friends with information and advice. They hold regular carer support groups at locations around the county as well as dementia cafes and singing for the brain sessions. There is no specific service for people with young onset dementia and their carers.

Aylesbury & Buckingham branch

Tel: 01296 331722

Email: aylesbury@alzheimers.org.uk

South Bucks branch

Tel: 01494 670909

Email: southbuckinghamshire@alzheimers.org.uk

Young Onset Dementia UK

This charity, formerly known as the Clive Project, provides specialist support services for younger people with dementia and their families in Oxfordshire and adjoining areas. For people outside their region they offer signposting and telephone support. They are currently raising funds to set up respite homes offering short term breaks and long term accommodation for people with young onset dementia.

Contact details

Tel: 01993 776295

Email: mail@youngdementiauk.org

Website: www.youngdementiauk.org

Carers Bucks' Young Onset Dementia Support Group

I didn't think a support group was for me but was encouraged to attend. I am so glad I did. The members range from partners of newly diagnosed cases to those whose loved ones have entered nursing homes and some whose partners have sadly died.

The empathy and emotional support has been terrific and I am able to discuss things with them that I would not wish to share even with close family. There is always someone who has encountered the same problem. It is difficult to maintain friendships when caring for someone with dementia and the good friends I have made in the group have done much to compensate for this.

In addition the contacts made at Carers Bucks and the Alzheimer's Society have helped enormously.

The speakers who have been to the group cover so many essential topics and provide guidance on matters legal and financial as well as information on dementia. I have also been helped to attend courses providing valuable information for carers.

Paul Day